

## What is Withdrawal Management?

Withdrawal management refers to the Nurse Practitioner providing medical and psychological oversight/care of clients who are experiencing withdrawal symptoms due to ceasing or reducing the use of their drug/s of dependence.

Medications can be prescribed by the Nurse Practitioner to manage these symptoms & to ensure the withdrawal is more comfortable.

It is common for people who complete withdrawal management to relapse to drug use. It is unrealistic to think that withdrawal management will lead to sustained abstinence. Rather, withdrawal management is an important first step before a patient commences psychosocial treatment.