

## What is a Nurse Practitioner?

A Nurse Practitioner (NP) is a Registered Nurse with the experience, expertise, and authority to diagnose and treat people of all ages with a variety of acute & chronic health conditions.

NPs have completed additional university study at master's degree level and are the most senior and independent clinical nurses in our health care system. The title "Nurse Practitioner" can only be used by a person who has been endorsed by the Nursing and Midwifery Board of Australia.

The Nurse Practitioner works in collaboration with the client & their family/carers in the physical, psychological & social model of care.

The Nurse Practitioner supports individuals with drug and alcohol reduction, withdrawal management, and abstinence with the endorsement to prescribe all medications (Except Dexamphetamine & Anabolic Steroids).

A nurse practitioner in Victoria can prescribe medicinal cannabis for any patient with any condition, if they believe it is clinically appropriate to do so. The Nurse Practitioner at Mindful Recovery is approved to prescribe and manage medicinal cannabis products for clients including the application for the Therapeutic Goods Administration (TGA) for pharmacy to dispense legally to client.

Positive treatment outcomes are reached with an empathetic, non-judgemental & committed approach.